

Elderly Nutrition Program January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>CLOSED</b></p> <p><b>HOLIDAY</b></p>	<p>3</p> <p>Lasagna Rollup w. meat sc. Tuscan Vegetables</p> <p>Garlic Bread Poke Cake</p>	<p>4</p> <p>Roast Beef Mashed Pot. W/ Br. gravy Carrots Dinner Roll Sherbet Cups</p>	<p>5</p> <p>Chicken &amp; Dumplings Black-eyed peas &amp; snaps</p> <p>Bread &amp; Margarine Caramel Apple Salad</p>	<p>6</p> <p>Breakfast for Lunch Scrambled Eggs Sausage Gravy &amp; Biscuits Orange Juice Fresh Fruit</p>
<p>9</p> <p>Goulash Waldorf Salad</p> <p>Cornbread Vanilla Ice Cream</p>	<p>10</p> <p>Fried Chicken Mashed Potatoes w. gravy Italian Green Beans Bread &amp; Margarine Tropical Fruit Salad</p>	<p>11</p> <p>Boneless Pork Chop Roasted Veggie Grain Brazi Bread Bites Bread &amp; Margarine Apple Cobbler</p>	<p>12</p> <p>Chicken Enchiladas Refried Beans Spanish Rice</p> <p>Pineapple Upside Down</p>	<p>13</p> <p>Hamburger Stew Cheese Stick</p> <p>Cornbread German Chocolate Cake</p>
<p>16</p> <p>Spaghetti Meatballs Green Beans Baby Carrots</p> <p>Garlic Breadsticks Pineapple Chunks</p>	<p>17</p> <p>Chicken Fried Steak Mashed Potatoes w. gravy Tossed Green Salad Bread &amp; Margarine Peaches &amp; Cottage Cheese</p>	<p>18</p> <p>Lemon Ppr Chicken Thighs Mashed Sweet Potatoes Veggie Crunch Salad Roll &amp; Margarine Brownies w. Icing</p>	<p>19</p> <p>Pork Roast Stuffing with Pork Gravy Mixed Vegetables Bread &amp; Margarine Birthday Dessert</p>	<p>20</p> <p>Indian Tacos</p> <p>Ice Cream Sandwiches</p>
<p>23</p> <p>Cornmeal Breaded Catfish Coleslaw Pork &amp; Beans</p> <p>Hushpuppies Banana Crème Pie</p>	<p>24</p> <p>Beef Tamales Roasted Corn &amp; Peppers Spanish Rice</p> <p>Snickerdoodle</p>	<p>25</p> <p>Meatloaf Mashed Potatoes With Brown Gravy Braised Cabbage Bread &amp; Margarine Devil's Food Cake</p>	<p>26</p> <p>Brown Beans &amp; Rice With Ham Hocks Chopped Mixed Greens</p> <p>Cornbread Cherry Chip Cake with tpng</p>	<p>27</p> <p>Breakfast for Lunch Scrambled Eggs Sausage Gravy Biscuit Orange Juice Tropical Fruit</p>
<p>30</p> <p>Polish Sausage &amp; Kraut Stewed Zuc. &amp; Tomatoes</p> <p>Bread &amp; Margarine Peach Cobbler</p>	<p>31</p> <p>Cheeseburger With lettuce, tomatoes, onions &amp; pickles Potato Wedges Lemon Bar</p>			